

## One Tall Poppy



Poppy Pavlides has all the hallmarks of success and deservedly so.

Her multi-faceted talents have seen her excel as a highly sought after corporate leadership advisor, human resources expert, business educator, disabilities consultant, business and personal life coach and as founder of Kickstart Coaching.

Poppy is a living example of finding and following her passions and maximising her talents and is perfectly qualified to guide others on their journey of releasing the past to create a new future by fulfilling their potential. It changed her life and will help others to change their's as well.

With a refreshing approach, Poppy says "When I design the Kickstart Coaching programs, I write them as if I were the client. All the programs are designed to empower and give individuals balance and focus in their professional and personal life."

The focus is on achieving three objectives during our coaching sessions;

- 1) In the moment coaching
- 2) planning the future and taking control of life instead of life being in control of you
- 3) working on the inner being.

Poppy says "I love people and working with clients, be it one on one, in groups or in businesses, is part of what I do well. The old saying 'When you love what you do, you never work another day in your life' is exactly right. I don't work, I have FUN!"

The inspiring entrepreneur, with her team, now offer the innovative Kickstart

Coaching Programs, both in business and personal areas to guide others to find their personal and professional path.

The Personal programs are focused on;

- Relationships
- Youth
- Life Coaching

The Business Coaching has three areas of focus:

- Kickstart Systems In Business
- Kickstart Managers In Business
- Kickstart People In Business.

Poppy's passion, and, she believes, her purpose, is to use her talents to show people proven ways to reach their full potential –in all aspects of their lives.

You might say, this Tall Poppy is helping others to grow!